



**BELLINGHAM YOUTH REGATTA
AUGUST 6 – 7, 2016**

SAILING INSTRUCTIONS

1. RULES

- 1.1. The Regatta will be governed by rules as defined in *The Racing Rules of Sailing* (RRS), as modified by the NWYRC Notice of Series, this Notice of Race, and the Sailing Instructions for this Regatta.
- 1.2. Class rules shall be observed and enforced by the competitors, except that competitors may use a “club sail” in place of a class approved sail, provided it is of the same dimensions, of similar construction, and provides no added advantage.

2. SAFETY

- 2.1. RRS 40 is modified as follows: Competitors are required to wear a US Coast Guard (USCG) approved Type III non-inflatable personal flotation devices (PFD) at all times while on the water other than for brief periods while adding or removing clothing. Wet suits, dry suits and inflatable devices are not considered approved PFDs.
- 2.2. A boat retiring from a race, shall notify the Race Committee either before leaving the course area if possible, or immediately after arriving ashore.
- 2.3. All competitors shall carry a 20’ bow line to remain affixed to a towing point while racing.

3. NOTICES TO COMPETITORS -

- 3.1. Written Notices to competitors will be posted on the official notice board located on the window of the Bellingham Yacht Club (BYC) lower level door. Signals made ashore will be displayed from the flag pole in front of the BYC clubhouse.
- 3.2. On-the-Water Changes to Sailing Instructions will be announced by hail from the Race Committee before the first race in which they will take effect.

4. SCHEDULE (all times approximate and subject to change)

Saturday, Aug. 6, 2016

1030 – 1200	Registration / Rigging / Launch
1200	Competitors Meeting @ BYC
1330	First Warning
1800	Dinner

Sunday, Aug. 7, 2016

0800	Report Time & Breakfast
1000	First Warning
1430	No Starts after this Time
1600	Awards & Pizza

5. STARTS

- 5.1. Starts shall be conducted in accordance with RRS 26 US Sailing (5 Minute Sequences) .
- 5.2. The starting order for classes will be announced at the skippers meeting.
- 5.3. Classes with fewer than five (5) entrants may be merged with other classes at the start.

- 5.4. The Race Committee may change the starting order for any reason; any such change will be announced by a verbal hail prior to the Warning Signal for the race affected by the change.

6. RECALLS

- 6.1. Individual recalls will be made by displaying Flag X with one sound signal. As a courtesy, the Race Committee will attempt to hail the sail numbers recalled boats. An error in making a hail, the timing of a hail, and the loudness of a hail will not be considered grounds for redress.
- 6.2. General recalls will be signaled by a series of short blasts. (Usually 2 sound signals)

7. COURSES

- 7.1. See attached course diagrams.
- 7.2. All marks will be yellow or orange inflatable pyramids or balls.
- 7.3. The starting line will be between a staff displaying an orange flag on the Race Committee boat and the nearby orange inflatable mark located to port of the RC boat.
- 7.4. The finish line shall be between a staff displaying an orange flag on the finish boat and a nearby orange inflatable mark located to port of the RC boat.
- 7.5. The start/finish lines will be closed during races to boats not starting or finishing. Boats violating this rule shall be scored "Did Not Finish" (DNF).

8. Time Limits

- 8.1. The target race times are approximately 35 minutes. The time limit for all races shall be 50 minutes.
- 8.2. Competitors failing to finish within the time limit shall be scored TLE (Time Limit Expired). However, if there is a clear order among boats that fail to finish within the time limit, the Race Committee shall have the option to score those boats according to their positions. This changes RRS 35.
- 8.3. A race may be abandoned at any time at the discretion of the Race Committee. Abandonment will be signaled orally. (3 sound signals)

9. PROTESTS

- 9.1. Competitors intending to file a protest are not required to display a red flag (this modifies Optimist Class Rules).
- 9.2. A competitor intending to protest shall notify the Race Committee of the protest and the sail number of the boat being protested as soon as possible after finishing. Protest forms are available next to the Official Notice Board.
- 9.3. Protest Filing Time Limit - Completed protest forms must be received within 60 minutes of competitors reaching the dock.

10. SCORING

- 10.1. The Low-Point scoring system of Appendix A will apply.
 - 10.1.1. When fewer than 5 races have been completed, a boat's overall score will be the total of her race scores.
 - 10.1.2. When 5 or more races have been completed, a boat's overall score will be the total of her race scores excluding her worst excludable score.
 - 10.1.3. When 10 or more races have been completed, a boat's overall score will be the total of her race scores excluding her worst two excludable scores.
 - 10.1.4. If a competitor is disqualified, they may discard that score, provided they were not disqualified for poor sportsmanship (Rule 69) and they did not gain significant advantage by breaking a rule (Rule 2). Only in cases where one of these rules was broken shall their next worse score be excluded instead. This modifies Rule 90.3(b)

10.2. Results of this Regatta will count toward the 2016 NWYRC Summer Series.

11. CHARTERS

- 11.1. Competitors shall report any damage or loss of equipment to chartered boats, however slight, to the Race Committee/Regatta Organizing Authority's representative immediately upon completion of the race in which it occurs.
- 11.2. Some breakdown parts may be available on Race Committee boats as needed. All borrowed equipment must be returned.

12. COACHING

- 12.1. Coaching on the water is permitted between races. After the Warning Signal for a given race, all coaching shall cease until a competitor has finished that race.
- 12.2. To avoid any interference with boats still racing, competitors shall be required to sail to an area at least 75 feet away from the start/finish line when meeting with coach/support boats between races.
- 12.3. Coaching while racing is permitted in cases where novice racers are slowing the progress of the Regatta. Coaches shall only coach the back "10%" of the fleet if this is the case.

13. SUPPORT & SPECTATOR BOATS

- 13.1. Except in the case of emergencies, support and spectator boats must remain a distance of 100 feet from the racing area at all times, and shall not cause significant wake in the racing area.
- 13.2. Coach, support, and spectator boats are required to carry a working VHF radio. They shall monitor VHF Channel 72 at all times and be ready to provide assistance to competitors when requested by the Race Committee.

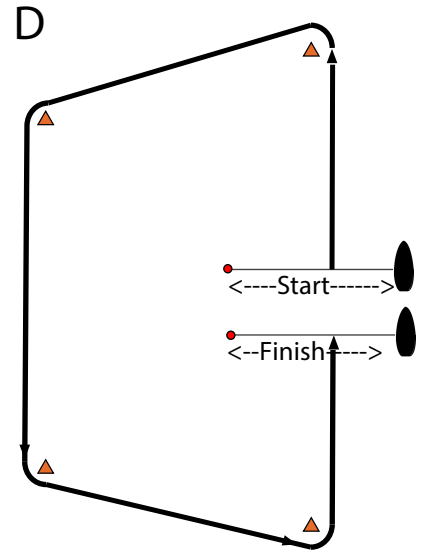
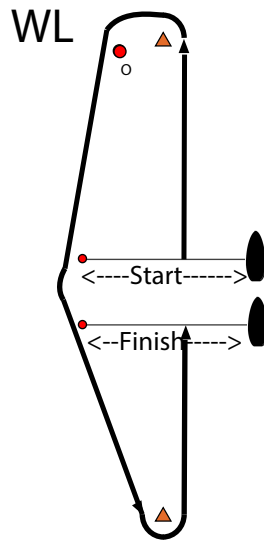
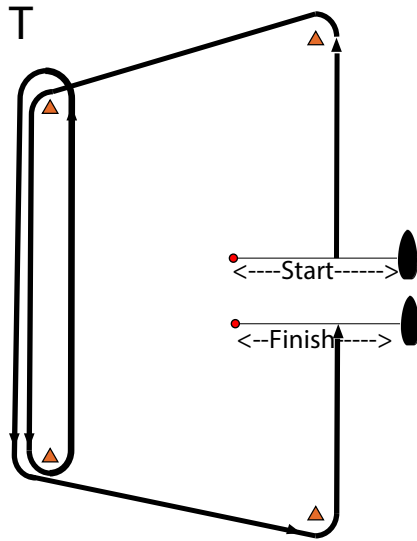
14. OFFICIAL NOTICE FOR ALL PARTICIPANTS

- 14.1. No contestant shall use, either on or off the water, alcoholic beverages (beer, wine, distilled spirits), or use any controlled substance (marijuana, cocaine, etc.), the possession of which is unlawful. An alleged breach of this rule and/or other disciplinary matters that occur during the Regatta may be the basis for a hearing under rule 69.1. The protest committee for such a hearing will be the Regatta Chairperson, a member of the Bellingham Yacht Club and the Chairperson of the Protest Committee.

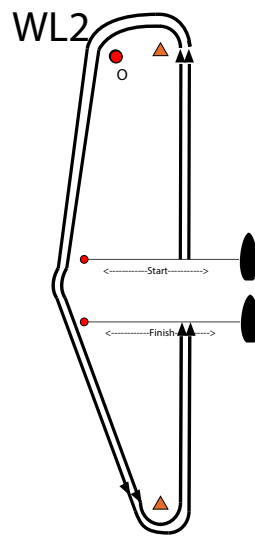
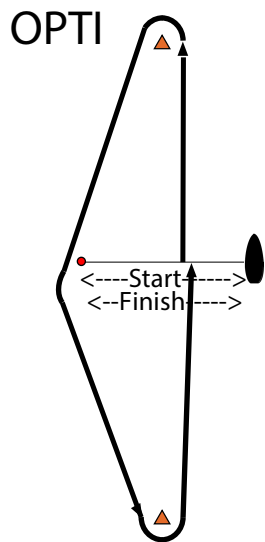
15. PRIZES

- 15.1. Eligible fleets with at least three entries shall receive awards.

COURSE DIAGRAMS



** START & FINISH LINES RESTRICTED FOR ALL COURSES**



Actual buoy colors and shapes may vary from what is shown.